

OFFICIAL PUBLICATION OF TORDENSKJOLD LODGE NO.5

Spokane, Washington, January / February 2021 - Chartered Sept 7, 1907

PRESIDENTS MESSAGE

Hello Members and Friends,

It is with great enthusiasm and passion for our Nordic culture that I write my first letter to you all! I'm hopeful that 2021 will be a vast improvement over 2020 as far as being restricted in our activities due to COVID 19. I'm impatiently waiting to receive the vaccine! I'd like to start having classes and meetings outdoors (as soon as the weather is acceptable) until we are permitted to safely meet indoors again. (Think Viking Knit, beginners Kubb, trail walking, and handcrafts.) Stay tuned, watch your email for updates on that front.

The Board and I will be working closely together to continue the atmosphere of friendship, community service, and appreciation of our treasured heritage that has been the mainstay of our lodge for generations. I thank my predecessor Gary Larsen for keeping the ball rolling during a very difficult year.

We have some new faces on our leadership team this year so we've asked them to introduce themselves in the newsletter. This edition will feature the Editor, Secretary, and President.

The Board has voted to reduce the newsletter publication to **bimonthly** during this time of COVID restrictions. If important news or information comes up during an off month we will notify you either by email, on Facebook, on our website, or by postcard for those of you who prefer to receive communications by postal mail. **Please notify our membership secretary if you have a change of email or postal address.**

Please contact me or one of the other officers listed on the Contact page if you have questions, concerns, or something to share with the membership.

Beste hilsen (best regards),

Lois McKinnell



January / February

Jan 20, 6pm: January Board Meeting (via call)
Feb 17, 6pm: February Board Meeting (via call)

Find or Contact us at:



Spokane Sons of Norway
-- <u>Tordenskiold</u> Lodge 02-005
www.sonsofnorwayspokane.com



(509) 326-9211



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SONS OF NORWAY BULLETIN

Published Bi- Monthly

TORDENSKJOLD LODGE No. 5

300 W. Mission

Spokane, Washington

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Foundation Dir (SOFNSpokaneFoundation@gmail.com) Darrin Lee
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AuditorsJudy Moxley / Sandy Friberg

E—Executive Board
B—Board of Directors
S—Scholarship Committee

Contact Us

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509-656-9997 trollhau@bmi.net www.trollhaugensofn.com

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1-800-945-8851 www.sonsofnorway.com

Please contact the Membership Secretary with all address changes.



I MINNET (In Memory)

- ⇒ Louis J Schmidt: age of 84 on Nov 18, 2020. 68 year Member!
- ⇒ Richard W Schulz: age of 81 on Nov 18, 2020. 4 year Member!
- ⇒ **Dorothy M Scott:** age 94 on Nov 27, 2020. 63 year Member!

... Våre kondolanser til familien.

Please Join us in celebrating our fellow members



January Birthdays



oving

Jeannetta Jarvis	2	David McKinnell	13
Rebecca Gonzalez	3	Dorothy Scott	19
Bennett Hendrickson	3	Duane Hamberg	21
Dean Walker	6	Oscar Underberg	24
William Moxley	7	Kyle Bowlby	29
Esther Stradling	8	Lyle Morehouse	29
Haley Rask	10	Wayne Peterson	29
Lori Stark	11	Ruth Wollweber	29

February Birthdays

Betsy Pearson	4	Nathaniel Roley	12	Nancy Secrist	24
Jeff Friberg	5	Vicki Egesdal	15	Roy Bergsholm	25
Ronald Stevens	5	Ellen Imsland	18	Dolph Swanson	25
Darrin Lee	7	Larry Hodgson	20	Elizabeth Harding	26
David Rose	8	Harriette McInnis	20	Shirley Hanson	28
Nancy Emtman	9	Leanne Pardee	20	Mark Sterk	28
Kennadee Glunz	12	Odin Olson	21		



Joanne Karpf

Arlene Bittrick

Margaret Eilerman-Moxley

John Moxley Marci

Marcia Ann Taes

Hei!..from your Board

Since we haven't been able to meet in person since last March 2020, with some new and some familiar folks involved in our lodge leadership, over then next year we have the "Hei!...from your Board" with each person introducing themselves. Takk!



Greetings! I'm Lois McKinnell, Tordenskjold Lodge President for 2021. I've been a SON member since 2005 when I first joined the Arctic Viking Lodge in Fairbanks, Alaska. I'm very enthusiastic about my Nordic heritage and enjoy learning traditional crafts and food preparation, as well as participating in outdoor activities such as hiking and cross-country skiing. I'm looking forward to serving you in 2021!



Hello from Christine (Tina) Davis your new Secretary for 2021. I joined the lodge in 12/5/2018 because I wanted to know more about my Norwegian heritage and culture. My Mom, Judy Moxley, has been a long-time member and encouraged me to join in the fun! Skal!



Hi from Michele Lawless the new Editor for 2021.

I've been a member since 2019. I joined because I wanted to learn more about my heritage. My great-grandparents are from Norway. Also I wanted to be involved in the activities with my family like crafting and going to hockey games. I'm happy to fill this position as editor!





Januar (January) 2021!! We're finally done with 2020 and can start looking forward to increased likelihood of safely gathering for our favorite cultural activities. In the meantime, let's take a look at the new videos that Northwest Winterfest made of us presenting information about our traditions. You can view the videos at

https://northwestwinterfest.com/. When you get to the site scroll down to the "Meet the Cultures of the World" section and click on the Norwegian flag. The videos are at the bottom of the article. There are many members featured in the photo gallery as well. Also, at the top of the Winterfest page there is a tab labeled "Hand-Painted Trees". Click on it to view the fantastic "Chinese Lantern style" 8' tall Christmas tree that local artist Sidney Blackeagle painted for us. The tree has many icons of Norway incorporated into the paintings that cover it. Very festive! This tree is available for sale so if you or someone you know is interested in purchasing it please contact Winterfest at (509) 995-7700 for details. If you're able, please go to the Mirabeau to view the tree up close. It's next to the windows on the north side of the hotel and you can drive by to view it or park and go inside to take a closer look. Follow COVID protocols please.



Watch our next issue of the newsletter for details on opportunities to participate in Viking Knit class this spring.

For lots of interesting cultural articles, craft ideas, music videos, and recipes try reading the SON E-Post that you should be receiving by email. If you are not getting the Sons of Norway E-Post online and would like to , you can subscribe at the following SON website: https://www.sofn.com/e-post_sign_up/

Take care,

Lois McKinnell and Samantha Stevens (Co-Cultural Directors)



ANNUAL DISTRICT 2 SKI RACE

In lieu of the annual District 2 ski race held at Trollhaugen.... For the whole month of February, please record how many

miles you cross country ski. This event is open to all ages and experience levels. Send your miles to District 2 Sports Director: Laurie Berg Be sure to include your full name, age, and the lodge that you are a member of. The cut-off date for submitting miles is March 16th. Once all miles have been submitted, they will be tallied, and Laurie Berg will announce the awards. Results will be printed in the Dynamic 2 Spring edition.



Email mile submissions to: Laurieberg.lb@gmail.com



CULTURAL SOLITAIRE

Sons of Norway is excited to share our new game, Cultural Solitaire. This is the perfect

tidsfordriv (pastime) as well as a tool for learning about famous Norwegians and North Americans with Norwegian heritage. Each card features a different person or people along with a bit about their contributions to the world.

As you mouse over each famous person's face, you will see a link appear in the lower left corner of the screen. These links invite you to find out more about the

background and significance of each person.

How to play:

Go to https://www.sofn.com/cultural-solitaire/

If you're new to internet solitaire or need to brush up, here's everything you need to know about playing: **Rules for play**

https://solitaired.com/#how_to_play

We created this game with the team at <u>Solitaired</u>. Play more solitaire games like <u>Spider</u> and <u>Freecell</u> on their site.

Source: https://www.sofn.com/blog/cultural-solitaire/

REMINDERS...

VOLUNTEER HOURS >>> TIME—COMPLETE / REPORT >>> NOW!

At the end of each year, Sons of Norway Headquarters requires several reports from each lodge. One is called the 'American Fraternal Alliance Year End Report'. It requires members to track hours spent working (volunteering) for Sons of Norway both at events and on their own. Lodge activities include Community Service, activities on behalf of Sons of Norway that assist needy or improve community such as Lutefisk dinner, Cultural classes, and Fraternal Support, activities to conduct business of the lodge or support our members.

The "Individual Activity Tracking Sheet" below is to be used by lodge members to track their volunteer hours spent on projects organized by the lodge. Some common activities are listed on the form. If you have hours to report, please complete a form monthly and send or scan to judymox@hotmail.com. This will enable those of us that are preparing the report to accurately compile the hours from our lodge. If you need more forms, please let me know 509-467-4759. Thank you,

Judy Moxley

	h category of individual Sons of our lodge secretary at your nex		
	Sons of Norway Volur	nteer Activity	
Name of Program - Check On	e: Track your hou	rs during the month:	
□ Tubfrim	Hours:	Hours:	Hours:
☐ Adopt A School / Frame	tid Hours:	Hours:	Hours:
☐ Newsletter/Website	1.1		
☐ Officer Duties	Hours:	Hours:	Hours:
□ Other:		Total Hours:	

FOUNDATION NEWS >>> 2021 Scholarships—APPLY NOW!



Scholarships—The SOFN Foundation awards approximately 25 scholarships to promising students each year. Deadlines range 1/15-3/31. Learn more here:

https://www.sofn.com/foundation/scholarships/

MEMBERSHIP NEWS >>> RECRUIT NOW!



Dear Members: In December's Newsletter we shared our Lodge's current recruiting flyer, highlighting the many benefits of becoming a Sons of Norway Member including free gifts. Please share with those who feel would enjoy our Sons of Norway mission, community and benefits! Takk!

VIKING for kids

It's Here! Download Viking for Kids Now!

As part of our 125th anniversary celebrations, SOFN was thrilled to announce the launch of *Viking for Kids*. Now available for download, *Viking for Kids* is a quarterly digital publication that includes Scandinavian-inspired articles, quizzes, coloring pages and more! We are excited for our heritage members to have a magazine of their own and we look forward to seeing it in use.

Download your copy now for your kids, grandkids, nephews, nieces or just the neighbor kids...or for the yourself....the "eternal kid in you"!

Go here to find out more and download! https://www.sofn.com/member_benefits/viking-for-kids/





GJETOST GRILLED CHEESE

Gjetost is a popular caramelized cheese from Scandinavia that is found in almost every household. Traditionally paired with thin warm waffles, this sandwich doubles up on the flavor with even more melty cheese on any kind of delicious bread...cinnamon raisin, dill or sourdough! Tangy Granny Smith apples and sweet lingonberry jam compliment this decadent treat that goes perfectly with your coffee, favorite pint...or Aquavit shot!....Enjoy, and Skal!!!

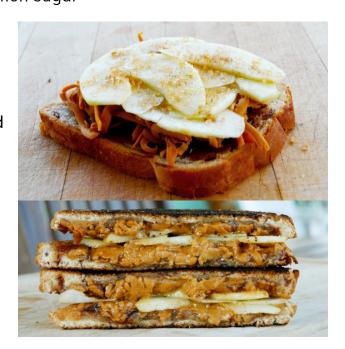


Ingredients

- 1/2 cup of Gjetost (Ski Queen cheese), shredded
- 2 pats of salted butter
- 2 slices of cinnamon raisin bread
- 1/2 cup thinly sliced granny smith apple
- 1 tbsp apple butter
- 1 tsp of cinnamon sugar

Instructions:

- 1) Butter exterior of bread
- 2) Lather the insides of the bread with apple butter.
- 3) Build Sandwich of Gjetost and apple slices and sprinkle with cinnamon sugar (YUM!)
- 4) Place sandwich in hot saute pan
- 5) Grill for 5-6 min per side until bread is crisp and golden brown.
- 6) Cut on the bias and serve with a side of Lingonberry jam for dipping and a salad of your choice.





Norwegian Travel



Ever wonder what city inspired Frozen? Bergen is a gorgeous town on the west coast of Norway. While it is a rainy town, the medieval buildings, Norwegian churches, and colorful timber houses all make the rain not seem so bad. It is a laid back place with lots of great museums, shops, and also is a gateway to the famous fjords.









	TORDENSKJOLD SONS OF NORWAY MEMBERSHIP INFORMATION						
					Total Dues		
	Intl.	Dist.	Local	Annual	Mthly		
Individual							
Regular	\$32.00	\$14.00	\$14.00	\$60.00	\$5.00		
Golden	\$16.00	\$14.00	\$12.00	\$42.00	\$3.50		
Lifetime	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00		
Family							
Regular	\$42.00	\$25.00	\$28.00	\$95.00	\$8.00		
Both Golden	\$21.00	\$25.00	\$14.00	\$60.00	\$5.00		
One Golden/One Regular	\$32.00	\$25.00	\$21.00	\$78.00	\$6.50		
One Golden/One Lifetime	\$16.00	\$14.00	\$12.00	\$42.00	\$3.50		
One Regular/One Lifetime	\$32.00	\$14.00	\$14.00	\$60.00	\$5.00		
Both Lifetime	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00		

Scandia

This is the informal lunch group started by the late Les Ames and Gladys Tellessen over three decades ago, with soup and sandwiches at the old Sons of Norway Building. The idea was to have everyone welcome and to get out of the house for a nice lunch. After the Sons of Norway sold the property several years ago, everyone was excited to go to the Golden Corral where not only was the Senior rate such a bargain, but the selection of items is substantial, from soups and salads to desserts. A real buffet! We meet the 3rd Wednesday of each month.

The senior lunch is \$10, incl. tax and drink. Just be sure to ask for the senior rate when you pay. The senior rates start at 1:30pm so arrive shortly after that. Hope to see you there. Welcome! Tuula

DON"T FORGET YOUR STAMPS FOR TUBFRIM

Please remember to save used postage stamps for Tubfrim. Please cut the stamps from envelopes with scissors, leaving a 1/4 inch margin of paper around the stamp for ease of handling. Picture post cards should be left whole. Tubfrim also collects used telephone cards. The money realized from the sale of stamps benefits disabled children and youth in Norway.