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OFFICIAL PUBLICATION OF TORDENSKJOLD LODGE NO.5

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Spokane, Washington, December 2020 - Chartered 1907

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### PRESIDENTS MESSAGE

Hei all Sam men, (Hello everyone)

As winter is upon us and December brings in a new meaning of fellowship in our Tordenskjold, Sons of Norway Lodge, we are also reminded this is also that time of year, we change officers of our Lodge. With that said, I would like to thank you all, for your standing with the Lodge at this extremely tough time for all our members, as a pandemic takes hold of our country! For me it has been a pleasure to serve as your President, but also knowing that with the installation of your new President, we will have new ideas, and great events for all our members and friends!

My best to you all,  
Gary Larsen

*Greetings fellow SON members!*

*I am honored and pleased to have been entrusted with the role of President of the Tordenskjold Lodge for the coming year! I will do my best to perform the duties of this office. I look forward to regular communication with you and hope you will feel free to contact me with any good news you'd like to share or concerns you have.*

*Tusen Takk,*

Lois McKinnell

[Aggies1222@gmail.com](mailto:Aggies1222@gmail.com)

907-750-6516 (call or text)



### December

**Dec 3, 6pm: 2021 Officer Induction Ceremony (via call)**

**Dec 16, 6pm: December Board Meeting (via call)**

### Find or Contact us at:



Spokane Sons of Norway  
-- Tordenskjold Lodge 02-005



[www.sonsofnorwayspokane.com](http://www.sonsofnorwayspokane.com)



(509) 326-9211



[SonsofNorwaySpokane@gmail.com](mailto:SonsofNorwaySpokane@gmail.com)

# SONS OF NORWAY BULLETIN

Published Once Monthly

TORDENSKJOLD LODGE No. 5

300 W. Mission

Spokane, Washington

## OFFICERS

President .....	Gary Larsen <b>E, B, S</b>
.....	509-448-1878
Vice President.....	Lois McKinnell <b>E, B, S</b>
marblez@gci.net .....	907-750-6516
Secretary .....	Judy Moxley <b>E, B</b>
Judymox@hotmail.com.....	509-467-4759
Membership Secretary .....	Leanne Pardee <b>E, B</b>
.....	509-599-8161
Treasurer .....	Darrin Lee <b>E, B</b>
darrinlee@hotmail.com .....	425-241-2392
Counselor .....	Gary Friberg <b>E, B</b>
.....	509-238-6549
Social Director .....	Christina Patrick <b>B</b>
Christina.patrick21@gmail.com .....	425-877-0112
Trustee .....	Al Gravose <b>B</b>
.....	509-924-2977
Trustee .....	Jason Claudio <b>B</b>
.....	509-218-0010
Trustee .....	Paul Larson <b>B, S</b>
.....	(509) 466-7929
Trustee .....	Rick Ambrose <b>B</b>
.....	(509) 998-1988

## OTHER 2020 TORDENSKJOLD OFFICERS

Cultural Director .....	Lois McKinnell
Publicity .....	Lauren Clausen
Inner Greeter .....	Brent Egesdal
Outer Greeter .....	John Pardee
Historian .....	Reba Haugen Jewell
Marshall .....	Jamine Ose
Asst. Marshall .....	Tom Knutson
Youth Director .....	Open
Editor .....	Nathaniel Roley
Sports Director .....	Larry Halverson
.....	509-299-5527
Sunshine Person .....	Judy Moxley

\*\*\*\*\*

<b>SON Financial Counselor</b> .....	Scott Schiermeister
.....	1-800-741-2231
.....	509-927-8027

## Appointed Positions

Auditors .....

**E—Executive Board**

**B—Board of Directors**

**S—Scholarship Committee**

# Contact Us

## Sons of Norway Tordenskjold Lodge #2-005

PO Box 18684

Spokane, WA 99228

509-326-9211

SonsOfNorwaySpokane@gmail.com

www.sonsofnorwayspokane.com

## Sons of Norway District 2

President Jerry Erickson

jerry.sond2@wavecable.com

www.sonsofnorway2.com

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## Trollhaugen Lodge

509-656-9997

trollhau@bmi.net

www.trollhaugensofn.com

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## Sons of Norway International Headquarters

1-800-945-8851


www.sonsofnorway.com

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**Please contact the Membership Secretary  
with all address changes.**

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11123 E. Ponderosa Drive  
Spokane, WA 99206



**SONS OF  
NORWAY**

**Scott Schiermeister**  
**FICF, LUTCF**  
*Financial Benefits Counselor*

Business: (509) 927-8027  
Toll Free: (800) 741-2231  
Fax: (509) 927-5915  
E-mail: sschiermeister@hotmail.com

www.sonsofnorway.com

***Please Join us in celebrating our fellow members***



## ***December Birthdays***



Joanne Grytdal Medhus	7
Naomi Stauffer-Bowlby	7
Bonnie A Stewart	11
Rik Johnson	17
Emma Rodriguez	17
Tamara L Hensley	20
Roger V Young	22

Bobby Eugene Tyre	23
Michele Criscione	24
Linda Gallup	26
James L Crow	27
Ronald R Lund	27
Sharon J Payne	31
Linda Tyre	31



## **In Memory**

Tordenskjold Lodge sends it's deepest sympathies to the friends and family of Janet C. O'Connor that passed away last month. Janet C. O'Connor passed away at the age of 85 on November 20, 2020. She was a thirty-five year member. Janet was regularly active in the Lodge playing the piano at the general meetings and other functions. A funeral service will be held for Janet in the Spring.

## **Message from the Secretary**

Since we are still not able to meet for our December meeting and celebrate our annual Julebord, I want to thank all our members for their ongoing support of our lodge. This year has been a year of adapting and change. Even the installation of our officers will be performed over a conference call as lodge business must go on as usual.

I want to wish everyone God Jul, stay safe, and looking forward to a better year in 2021!!

Happy Holidays!

*Judy Moxley*



**Desember** {December} is nearly here and with it the joys of the holiday season. Despite our inability to gather as a group it's important that we continue to celebrate our cultural traditions to the best of our abilities. Christmas cookies, decorating a tree, sending cards, listening to and singing carols are all treasured parts of the holidays that we can still carry on to some degree. So break out the decorations! Bake (or buy) some festive cookies! Write a note in a greeting card and send it off to a loved one! Tune into the Christmas station or turn on one of the many tv holiday specials and enjoy the memories that the music brings back!

Speaking of festivities, several of our lodge members have been busy participating in two virtual community events. The first is the annual **Fall Folk Festival**, which can be seen online from November 14 through Dec. 30 at [spokanefolkfestival.org](http://spokanefolkfestival.org). The program showcases prerecorded sessions from local performers, including Maple Ridge Band, Little Red Shed, Side-track, **Arvid Lundin** and Deep Roots, the Angus Scott Pipe Band, the Spokane School of Highland Dance, Lyle Morse, Brad Keeler, Dennis Glidden, Hunter Koss, Steven King, the Spokane Bulgarian Dancers, Coeurimba, the Silver Spurs Youth Folk Dancers, Spokane Taiko, the Spokane Bon Odori Japanese dancers and Hank Cramer. **A number of nonprofit organizations also will be represented online this year. They are Finlandia, Inland Northwest Luthiers, Sons of Norway, Spokane Handweavers' Guild, Spokane Public Radio (KPBX) and our Swedish friends of Vasa Order of America-North Star No. 145.**



The second event is **Northwest Winterfest** featuring a Cultural Holiday Village on display from November 23 to December 13 at the Mirabeau Park Hotel. If current COVID restrictions prevent them from being open to the public you will still be able to see our **Sons of Norway group online via the Winterfest website ([northwestwinterfest.com](http://northwestwinterfest.com)) and on YouTube. We will also post it on our own FaceBook page (Spokane Sons of Norway) and the Tordenskjold website ([www.sonsofnorwayspokane.com](http://www.sonsofnorwayspokane.com)). Our favorite cultural experts were filmed with their respective arts and crafts, including JoAnn Karpf doing rosemaling, Gina Nylund displaying and giving the history of Norwegian bunads, Arvid Lundin and Carla Carnegie performing traditional Hardanger fiddle music. Additionally, Gary Friberg was interviewed with the Viking 1 ship, Samantha Stevens (Bernice's granddaughter) demonstrated Viking Knit, and Judy Moxley talked traditional baking. The final product of the video will be ours to use at events and online.**



May your holidays be joyful!

Lois McKinnell, Cultural Director (907-750-6516 , [aggies1222@gmail.com](mailto:aggies1222@gmail.com))





## Step up your game with the new sports medals!

Challenge yourself! Sons of Norway's Sports Medal Program is a unique benefit of membership that rewards you for an active lifestyle. If you've been craving new fitness goals, we are here to help! These two medals are now available for anyone aiming to set the bar higher in the Sons of Norway Sports Medal Program.



The first of our new medals, **Idrettshelt** [*ee-dretts-hellt*]*—the sports hero pin—*is the 5<sup>th</sup> level within any sports medal category.



We've also added **Hederspris** [*hay-dersh-prees*]*—the outstanding sports achievement award.* This pin is for members who've earned the bronze, silver, gold and enamel medals in each of any **three** sports medal categories.

### ***New to the Sports Medal Program? Get involved today!***

The Sons of Norway Sports Medal Program is a simple and rewarding way to engage in the Norwegian tradition of friluftsliv (outdoor living) while staying active and working toward your fitness goals. It's fully customizable to fit your lifestyle and includes options for a variety of ages, fitness levels and activity preferences—there's even a virtual pilgrimage option for members who want to learn more about Norwegian history as part of their workout routine, as well as a general fitness category for those who want to incorporate dance, martial arts or other types of physical activity!

Here's how it works:

- ♦ Choose the pin you want to focus on: general fitness, skiing, swimming, biking or walking.
- ♦ Choose your goal within the program.
- ♦ Work toward pre-determined requirements to earn your way to the sports medals, earning each level in sequence.
- ♦ When your record card is complete, submit it to your lodge's Sports Director, who will order your pins and present them to you at a lodge meeting.

Get started today! For further details on submitting points toward these pins. Visit the Sons of Norway website here: [https://www.sofn.com/member\\_resources/cultural\\_programming/sports\\_medal\\_program/](https://www.sofn.com/member_resources/cultural_programming/sports_medal_program/)



## Tordenskjold Lodge.... and SOFN Foundation ...We GIVE!

Happy 125th anniversary! 125 years helping each other and helping the community we love and live in. Sons of Norway—a glorious moment in the Norwegian-American experience. Sons of Norway was formed as a permanent society to protect members and their families from financial hardships during times of sickness or death and to provide a social life based on mutual interest.

In 2020 during the COVID-19 Pandemic, Tordenskjold Lodge 2-005 formally gave, Be proud....you donated over \$1,200 in 2020 to the following local organizations: Meals on Wheels (\$400), 2nd Harvest (\$400) and St Margaret's Shelter (\$400). I'm sure this doesn't by any means account for member's personal time or money you provided to your community during this time. So "Tusen Takk" for being YOU! SKAL!!!

### SOFN Foundation Update

Over time, the mission of Sons of Norway expanded to include the preservation of Norwegian heritage and culture, and that has been a focus of the Sons of Norway Foundation, now in its 54th year. It is because of your generosity that the Foundation is so successful. The "Together We Are the Future" Sons of Norway Foundation fundraising campaign is an astonishing success thanks to the generosity of so many members and lodges. As of November 25, the Foundation has received \$109,666 from 431 members and 76 lodges. We will continue to receive donations through December, so you still have time to donate. We cannot tell you how much the Foundation appreciate your support and how much your support makes a difference for our members. Over the past five years, your Foundation has provided more than \$662,000 in scholarships and grants. In 2019 we awarded:

- \$12,600 in camperships for youth to attend Norwegian cultural camps across the US
- \$30,300 in grants to local lodges, community partners, and members in need
- and \$100,000 total scholarships

Help us share our good news with our members—and prospective members. Let's not let the Foundation be known as "One of the best kept secrets about Sons of Norway!" We often talk about Sons of Norway being a three-legged stool: Financial (insurance), Fraternal (heritage and culture) and the Foundation (scholarships and grants). All three legs of the stool work together to carry out the missions of Sons of Norway and the Sons of Norway Foundation. In other words: TOGETHER!

### 2021 Grants and Scholarships—APPLY NOW!!!



**Grants**—The SOFN Foundation offers four categories of grants that provide funding for Norwegian themed programming. Deadlines 12/31.

Learn more here: <https://www.sofn.com/foundation/grants/>



**Scholarships**—The SOFN Foundation awards approximately 25 scholarships to promising students each year. Deadlines range 1/15-3/31.

Learn more here: <https://www.sofn.com/foundation/scholarships/>

*Dear Members: Below is our Lodge's current recruiting flyer highlighting the many benefits of becoming a Sons of Norway Member including a free gift. Please share with those who feel would enjoy our Sons of Norway mission, community and benefits! Takk!*

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## Join Sons of Norway Tordenskjold Lodge of Spokane, WA and enjoy the following benefits:

- ⇒ Monthly magazine "Viking"
- ⇒ Free classes in traditional skills (cooking, baking, crafts, art)
- ⇒ Opportunities to explore Scandinavian culture
- ⇒ Fellowship with other Scandinavians
- ⇒ Riding in the Viking 1 ship during local parades
- ⇒ Free online Norwegian Language classes
- ⇒ Access to Trollhaugen Lodge in the Cascades
- ⇒ Scholarship opportunities for the US and Norway
- ⇒ Free Heritage memberships for children, grandchildren

**CHOOSE A FREE GIFT from below for each new Membership, 2 gifts for a Family Membership!** (First come first served, contact Lodge at [sonsofnorwayspokane@gmail.com](mailto:sonsofnorwayspokane@gmail.com) or 509-326-9211 to claim your gift after completing membership submission!)

**MEMBERSHIP MAKES A GREAT CHRISTMAS GIFT THAT LASTS ALL YEAR LONG!!**



Rosemailed spoon, wheat straw heart, Norwegian flag crate or box, Viking Knit bracelet





## FREE HERITAGE MEMBERSHIP

*Sponsor a new Heritage Member today!*

### Thank you for sponsoring one or more new Heritage members

Please mail this request form to:  
Sons of Norway  
1455 West Lake Street  
Minneapolis, MN 55408-2666

You may also add family members to an existing membership at [sonsofnorway.com](http://sonsofnorway.com).  
Questions? Call toll free 800.945.8851

Protecting Your Privacy—Sons of Norway respects your privacy. We never share your personally identifiable medical or financial information for any purpose other than underwriting insurance applications. Sons of Norway has administrative, technical and physical safeguards in place to protect your information. For our full privacy policy, please visit [sonsofnorway.com](http://sonsofnorway.com).

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[instagram.com/sonsofnorway](https://instagram.com/sonsofnorway)

## Celebrate AND Share Your Norwegian Heritage Today!

As a member in good standing you are entitled to sponsor **FREE** Heritage membership for young relatives age 15 and under.

It's fun to explore Nordic traditions and more. We invite Heritage members to...

- Try out folk arts and earn Cultural Skills pins. Heritage members may take part through their lodge or online. Topics: Folk Dancing, Figure Carving, Knitting, Stamp Collecting and Hardanger Embroidery.
- Embrace fitness and outdoor fun like a Norwegian. Hike, bike, swim, walk or ski to earn bronze, silver, gold and enamel Sports Medals.

**PLUS** Language and Heritage Camps—These offer Norwegian language lessons and a chance to learn more about Nordic life. Many lodges and districts sponsor camp scholarships for Heritage members.

**JUST FOR KIDS** are fun activity pages for children available online at [sonsofnorway.com](http://sonsofnorway.com).

Heritage members receive a Welcome Kit with their Sons of Norway ID card, along with more ideas for celebrating Nordic heritage. Lodges may also recognize young members with patches and certificates.







## Heritage Membership Request

Heritage members must be related to the sponsoring Sons of Norway member, but they are not required to be part of the same household as the sponsor. At age 16 Heritage members may join Sons of Norway as an adult Individual member. Or, they may choose to continue as an adult member of an existing Family membership at the same mailing address.

Please print clearly so we can process your request quickly and accurately. To ensure delivery of the Heritage member's Welcome Kit please provide their home mailing address below. Attach an additional sheet or fill out another form if needed. If you are sponsoring multiple new Heritage members in the same household, provide the mailing address for the first listed. Write in "same" for the mailing address of each additional member at that address.

### Sponsoring Sons of Norway Member

Sponsor Name \_\_\_\_\_ Membership # \_\_\_\_\_  
First Middle Last

Relationship \_\_\_\_\_ Date \_\_\_\_\_ District - Lodge \_\_\_\_\_ - \_\_\_\_\_

Child's Name \_\_\_\_\_ Date of birth \_\_\_\_\_  
First Middle Last MM DD YY

Mailing address \_\_\_\_\_  
Street Apt/Unit/Suite # City State Zip

Phone \_\_\_\_\_ Norwegian affiliation ☐ Birth ☐ Descent ☐ Interest

Additional contact (optional): Name \_\_\_\_\_ Phone \_\_\_\_\_

Child's Name \_\_\_\_\_ Date of birth \_\_\_\_\_  
First Middle Last MM DD YY

Mailing address \_\_\_\_\_  
Street Apt/Unit/Suite # City State Zip

Phone \_\_\_\_\_ Norwegian affiliation ☐ Birth ☐ Descent ☐ Interest

Additional contact (optional): Name \_\_\_\_\_ Phone \_\_\_\_\_

Child's Name \_\_\_\_\_ Date of birth \_\_\_\_\_  
First Middle Last MM DD YY

Mailing address \_\_\_\_\_  
Street Apt/Unit/Suite # City State Zip

Phone \_\_\_\_\_ Norwegian affiliation ☐ Birth ☐ Descent ☐ Interest

Additional contact (optional): Name \_\_\_\_\_ Phone \_\_\_\_\_

**Thank you for sponsoring one more new Heritage members.**

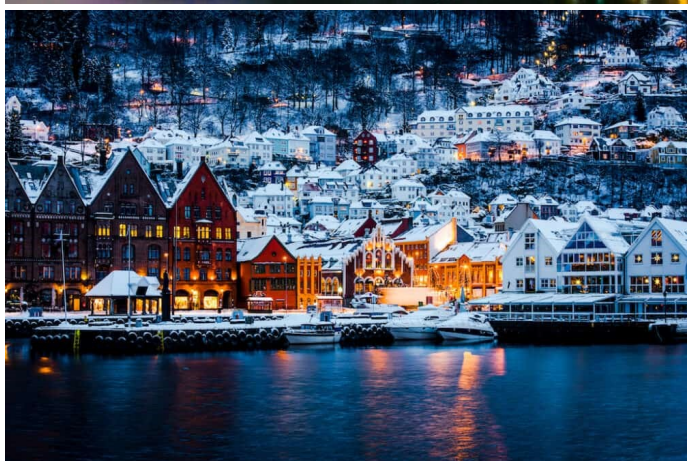
For 125 years, like-minded members have enjoyed celebrating Norwegian heritage and culture. A growing community of daughters, sons and friends of Norway



## Norwegian Travel



Ever wonder what city inspired Frozen? Bergen is a gorgeous town on the west coast of Norway. While it is a rainy town, the medieval buildings, Norwegian churches, and colorful timber houses all make the rain not seem so bad. It is a laid back place with lots of great museums, shops, and also is a gateway to the famous fjords.



### TORDENSKJOLD SONS OF NORWAY

#### MEMBERSHIP INFORMATION

				Total Dues	
	Intl.	Dist.	Local	Annual	Mthly
Individual					
Regular	\$32.00	\$14.00	\$14.00	\$60.00	\$5.00
Golden	\$16.00	\$14.00	\$12.00	\$42.00	\$3.50
Lifetime	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Family					
Regular	\$42.00	\$25.00	\$28.00	\$95.00	\$8.00
Both Golden	\$21.00	\$25.00	\$14.00	\$60.00	\$5.00
One Golden/One Regular	\$32.00	\$25.00	\$21.00	\$78.00	\$6.50
One Golden/One Lifetime	\$16.00	\$14.00	\$12.00	\$42.00	\$3.50
One Regular/One Lifetime	\$32.00	\$14.00	\$14.00	\$60.00	\$5.00
Both Lifetime	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

### Scandia

This is the informal lunch group started by the late Les Ames and Gladys Tellesen over three decades ago, with soup and sandwiches at the old Sons of Norway Building. The idea was to have everyone welcome and to get out of the house for a nice lunch. After the Sons of Norway sold the property several years ago, everyone was excited to go to the Golden Corral where not only was the Senior rate such a bargain, but the selection of items is substantial, from soups and salads to desserts. A real buffet! We meet the 3rd Wednesday of each month.

The senior lunch is \$10, incl. tax and drink. Just be sure to ask for the senior rate when you pay. The senior rates start at 1:30pm so arrive shortly after that. Hope to see you there. Welcome! Tuula

#### **DON'T FORGET YOUR STAMPS FOR TUBFRIM**

Please remember to save used postage stamps for Tubfrim. Please cut the stamps from envelopes with scissors, leaving a 1/4 inch margin of paper around the stamp for ease of handling. Picture post cards should be left whole. Tubfrim also collects used telephone cards. The money realized from the sale of stamps benefits disabled children and youth in Norway.